

SHOPPING LIST



○ Chicken and Mushroom Pot Pies

- 1 Pack Chicken Strips (400g)
- 2 Tablespoons Plain Flour
- 2-3 teaspoons finely chopped fresh Thyme
 - plus sprigs for decoration
- 20g Butter
- 1 Garlic Clove, crushed
- 1 Leek, thinly sliced
- 200g Chestnut Mushrooms - thinly sliced
- 30ml Sherry **OR** white wine (optional)
- **OR** 1/2 a teaspoon of Worcester Sauce
- 1/2 a Chicken Stock Cube
 - dissolved in 200ml hot water
- Salt and Pepper
- 1 teaspoon Whole Grain Mustard
- 2 Teaspoons Cornflour
- 1 Egg
- 1 Pack Ready Rolled Puff Pastry